



# IMMEDIATE SUPPORT FOR YOUTH & FAMILIES

## 1-877-652-7624

SERVICES ARE FREE & CONFIDENTIAL

A caring professional from CPC Integrated Health will arrive in one hour at your home, or a location of your choice, to provide support & assistance with your family's mental health needs. **Let's respond together.**

When you and your child need support, we're here for you - every step of the way. We can help with:

- Stress, anxiety, depression, overwhelming or suicidal thoughts
- Aggression, school refusal, running away
- Substance use
- Bullying, family conflict, or the death of a loved one
- Self harm, cutting and other challenges

**Call today, help is available 24/7/365.**

*Children's Mobile Response uses a family focused approach to help children ages 5-21 experiencing a behavioral or emotional crisis. Immediate, in-home stabilization services are available 24 hours a day, 7 days a week, and 365 days a year in Monmouth County. Services are designed to defuse an immediate crisis, maintain a safe living environment for the child and family, prevent unnecessary hospitalizations and reduce the need for out-of-home placements. Services include: crisis evaluation and intervention, treatment planning, linkage to in-home or outpatient therapy, safety planning, linkage to behavioral assistance/supports, access to community resources, referral to follow-up services and stabilization services for up to 8 weeks.*

**To access services, call PerformCare 1-877-652-7624 and you will be connected to CPC Integrated Health.**



**Children's Mobile Response Team**  
Rapid Response  
Resource Connection  
Ongoing Counseling  
Always Free

